

Your health plan includes access to the HPS Episodes of Care Program, in partnership with Holista.



Heading for Surgery? Here's how to Pick the Best Option.

Working with your Primary Care Doctor is important, especially when your journey leads to surgery. However not all surgeons are created equal. Did you know some of the best, highest quality doctors actually charge less? That's right. When a surgeon is top of their field, they need less anesthesia, fewer nurses, and less time in the operating room.



855-240-9430



Next time your doctor recommends surgery call HPS Episodes of Care to see if your procedure qualifies for a Holista bundle.

Contact us at 855-240-9430.

Most common bundles:

- Achilles Repair
- ACL /MCL Repair
- Knee Replacement
- Bunionectomy
- Carpal Tunnel Release
- Total Shoulder Replacement
- Rotator Cuff Repair



Scan for a Complete List of Services

Holista Episodes of Care: How they can benefit YOU



One price. One easy-to-understand bill. Total transparency.

For each episode of care, you will receive the highest level of benefit from your employer, allowing the lowest out-of-pocket cost.



Personalized care. Ongoing support.

A dedicated care coordinator will be right by your side to guide you through your entire care journey. When you need extra assistance, or have any specific medical questions, a Registered Nurse is available for support.



Improved quality of care. Lower costs.

Holista improves your quality of care and saves you money by packaging, or bundling, healthcare into “episodes.”



Convenience - both online and off.

Access your online patient portal to view your personalized care plan, get your ID card, read educational materials and receive immediate support.

Savings Examples* –

| Common Services | Typical Cost | Bundle Cost | Total Savings |
|-----------------------------------|--------------|-------------|---------------|
| Achilles Repair | \$18,927 | \$8,349 | \$10,578 |
| Carpal Tunnel Release (In office) | \$7,488 | \$4,400 | \$3,088 |
| Total Knee Replacement | \$42,120 | \$30,200 | \$11,920 |

* Savings Examples – Prices can vary by location